

### ANNUAL REPORT

# **MSU Extension Marquette County**

Food • Ag • Youth • Health • Environment • Community

Since 1916, the Michigan State University (MSU) Extension has helped residents in Marquette County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

44

1929

330

1356

Programs
delivered
in
Marquette
County

Marquette
County
Residents
Participated in
programs
offered by MSU
Extension

Programs attended by

Marquette County

residents, either incounty, outside of

Marquette County, or
on-line

Program
Participants in
programs led
by Marquette
County staff
on-line or
statewide

63,541

Social media reach 950

Individual class sessions attended 49

Submission to Ask An Expert 21

Programs
delivered
by
Marquette
County staff

## MARQUETTE COUNTY STAFF

3

4

1

**23** 

Extension Educators

Program Instructor -Veteran's Outreach 4-H Program

Coordinator

Partnerships and Coalitions

### MARQUETTE COUNTY FOCUS AREAS

#### Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Animal Agriculture
- Farm Business Management
- Field Crops
- Fruit Crops
- Ornamental Horticulture
- Consumer Horticulture
- Integrated Pest Management
- Vegetable Crops
- Native Plants
- Women in Agriculture
- U.P. Master Gardener Program

#### **Environment**

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future aenerations.

- NMU Hoop House Season Extension
- Resiliency Planning Webinars
- Citizen Science Program MiCorps Cooperative Lakes Monitoring Program
- Invasive species education
- Stream monitoring
- What tree is this?

#### Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Community food systems
- Citizen planner
- Fiscally ready communities
- Regional Meetings for ARPA
- UP Tourism coffee hour

### Community (cont.)

- Local government webinars
- Product center client consultations
- Conducting Land Division Reviews
- Lake Superior Discovery
- Great Lakes Leadership Academy
- Affecting Michigan Local Governments

#### Health &Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Michigan Cottage Food Law
- Water Bath and Steam Canning
- Safe Foods = Healthy Kids
- Adult Mental Health First Aid
- Diabetes PATH
- **RELAX Alternatives to Anger**
- Tai Chi for Arthritis & Falls Prevention
- Stress Less with Mindfulness
- Mindful Wellness
- Changine Negative Self Talk
- Preserving Michigan Harvest

#### 4-H Programs and Youth

Keeping Michigan families strong and successfulfinancially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- 4-H Winter Birding
- Lake Superior Discovery Sail with Inland Seas Education
- 4-H in the Kitchen: Forgotten Realms
- SPIN Choose your own Adventure Kits - Science or Art
- Virtual Skillathon
- U.P. 4-H Babysitter SPIN Club
- Connections through Signing: American Sign Language
- Mindfulness for Children
- Adulting 101

# 4-H Marquette County

According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are 4X more likely to make contributions to their communities, 2X more likely to be civically active, and 2X more likely to make healthier choices.

42

175

\$14,374

Dollar Value of Volunteer time

Members Adult Volunteers Youth Volunteers